Fork Mashable Menu
Category E
Evening Meal

STARTERS
* These are not suitable for patients on pudding consistency fluids

☐ Leek and potato soup *  V
☐ Mushroom soup *  V
☐ Tomato soup *  V
☐ Chicken soup *

MAIN COURSES  tick one
Mashed potato served with:
☐ Omelette
☐ Baked beans  V
☐ Grated cheese  V
☐ Baked beans and grated cheese  V
☐ Tuna mayonnaise

Main Dishes
☐ Creamed chicken
☐ Chicken casserole
☐ Lamb casserole
☐ Savoury beef
☐ Cottage pie
☐ Tuna bake
☐ Fish in cheese sauce
☐ Macaroni cheese  V
☐ Lentil bolognaise  V
☐ Vegetable tikka masala  V

DESSERTS  tick one
☐ Jam sponge and custard
☐ Chocolate sponge and custard
☐ Rice pudding
☐ Cake slice
☐ Smooth yoghurt - not suitable for patients on pudding consistency fluids
☐ Mousse - not suitable for patients on pudding consistency fluids

Patient Name:
Ward No:  Bed No:
Day:

Fork Mashable Menu
Category E
Lunch Meal

STARTERS
* These are not suitable for patients on pudding consistency fluids

☐ Leek and potato soup *  V
☐ Mushroom soup *  V
☐ Tomato soup *  V
☐ Chicken soup *

MAIN COURSES  tick one
Mashed potato served with:
☐ Omelette
☐ Baked beans  V
☐ Grated cheese  V
☐ Baked beans and grated cheese  V
☐ Tuna mayonnaise

Main Dishes
☐ Creamed chicken
☐ Chicken casserole
☐ Lamb casserole
☐ Savoury beef
☐ Cottage pie
☐ Tuna bake
☐ Fish in cheese sauce
☐ Macaroni cheese  V
☐ Lentil bolognaise  V
☐ Vegetable tikka masala  V

DESSERTS  tick one
☐ Jam sponge and custard
☐ Chocolate sponge and custard
☐ Rice pudding
☐ Cake slice
☐ Smooth yoghurt - not suitable for patients on pudding consistency fluids
☐ Mousse - not suitable for patients on pudding consistency fluids

Patient Name:
Ward No:  Bed No:
Day: