Welcome to the new PAHT membership magazine

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Dear Member

WELCOME to our first edition of Making it Better reconfiguration news...The Trust Board and all Trust stakeholders (including patients, staff and our stakeholders).

Chief Executive's welcome

Our FT journey so far

In July 2010 the Trust launched its 12 week formal consultation exercise as part of its proposal to become an NHS Foundation Trust. Patients, staff, local residents and community organisations were invited to have their say on the future running of the Pennine Acute Hospitals NHS Trust. The Trust’s consultation document, called “Your Hospitals, Your Choice – Your Voice”, was officially launched at the November Trust Board meeting and was supported by local media, five public meetings, 11 staff engagement events and nine information road shows held at local shopping centres and markets. The consultation closed on 29 January 2010. Since November, the Trust has been progressing with its Foundation Trust application, particularly around the development of its five year Integrated Business Plan, the development of governance arrangements, and the recruitment and engagement of members. To date, the Trust has signed up almost 3,000 members. Our aim is to recruit 8,000 by March 2011.

The Trust’s future strategy is a core element of the Foundation Trust application. The Trust’s strategy is based on implementing the Healthy Futures and Making it Better programmes.

The Secretary of State for Health’s announcement on maternity services in Oldham in July 2010 opens the potential for a change in the Trust’s Better Futures, may lead to a change in the Trust’s overall strategy. In order to allow for a period of genuine and unbiased consideration in response to the Secretary of State’s announcement, the Trust Board decided to “freeze” the Trust’s application timetable for six months, and to review this position in November 2010. The Trust’s conscious of the Government plans to turn all NHS Trusts into Foundation Trusts by 2013. We plan to become a Foundation Trust during 2011.

Governors’ Council

Chairman of the Board of Governors

John Sadby
Chief Executive

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Governors represent all members and are a key part of the stronger governance arrangements that ensure greater accountability of NHS Foundation Trusts to the local community and staff.

Departments of Health governors and local authority governors each from Bury, Rochdale, Oldham and North Manchester areas.

Greater Manchester Local chambers of commerce – 1 governor

Local mental health Trusts – 1 governor

Local authorities – 8 governors (one PCT and one local authority governor each from Bury, Rochdale, Oldham and North Manchester areas.

Other parts of England = 2 governors

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Appointed governors

Local PCT & Local authorities = 8 governors (one PCT and one local authority governor each from Bury, Rochdale, Oldham and North Manchester areas.

● 1 governor elected by medical and dental staff

● 3 governors elected by nurses and midwives

● 1 governor elected by allied health professionals and professional and technical staff groups

● 2 governors elected by clinical support, administrative and all other staff groups.

The composition of the Governors’ Council will be made up of the following groups.

Public governors (constituencies mirroring local authority areas and Primary Care Trusts)

Rochdale (including Heywood and Middleton) = 5 governors

Bury = 5 governors

Manchester = 5 governors

Other parts of England = 2 governors

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North Manchester General Hospital

**New £32m maternity and children’s development opens**

The Trust’s new £32m purpose-built women and children’s development at North Manchester General Hospital opened its doors and saw its first patients in June.

The new building, located at the front of the hospital, cost around £35 million worth of investment delivered as part of Making it Better, the Greater Manchester-wide programme of improvements to services for women, children and babies.

It has been just over a year since the renowned Booth Hall Children’s Hospital, Blackley, closed after 100 years. New facilities and new equipment at North Manchester General Hospital now offer children and families high quality care in a modern, bright, 21st century setting.

Sick children who require day surgery and overnight care were the first to benefit from the new facilities following a phased opening of the facility.

Teams of doctors and nurses, including 10 recently recruited paediatric consultants, have now transferred to the new children’s inpatient and day surgery wards. The new development provides a full range of high quality services to women, children and babies including:

- **New midwife-led birth centre** which will improve the quality of care offered to women and their families, whilst increasing women’s choice regarding their place of birth.

**New midwife-led birth unit**

A CO-LOCATED midwife-led birth centre at the new facility, which includes private rooms and two birthing pools, will provide women with privacy and home-from-home comforts, including en-suite facilities and modern furnishings.

The new neonatal service (special care baby unit) on the same floor will also provide a higher level of care for small and vulnerable babies (level 2), introducing improved staffing, skills and equipment in a modern, purpose built setting. A new area for parent accommodation has also been built in the neonatal ward.

Dansie Woods, community midwifery matron at North Manchester General Hospital, said: “The maternity staff here are tremendously excited following the opening of the new women and children’s build at North Manchester General Hospital. It incorporates a new midwife-led birth centre which has two birthing pools and four beds. It’s an exciting time at the hospital since the new

**New surgical ward at The Royal Oldham**

A NEW £1m state-of-the-art vascular and thoracic surgical ward at The Royal Oldham Hospital has been praised by both staff and patients.

Ward 17, which is located on the top floor of the new building development, opened in late July 2012 and replaces ward F2 at the hospital.

The 45 bed unit, which comes with electric profiling beds, is primarily for vascular and breast service patients. It comprises 21 single rooms, all with full en-suite facilities, a three-bedded bay, a five-bedded bay and three four-bedded bays.

Each bay contains a dining table and chairs which patients can use at mealtimes or recreationally. The wards are divided into three colour coded zones supported by a nursing station, clinical room, clean and dirty utility and a beverage bay.

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**First patient treated at The Christie at Oldham**

The Christie, one of Europe’s leading cancer centres, opened its new radiotherapy centre at The Royal Oldham Hospital – the first facility of its kind in the UK – in March.

The £17 million radiotherapy centre, is the first in a network of Christie radiotherapy centres, where patients will be able to access first class radiotherapy treatment closer to home.

Cancer patients across Greater Manchester have previously had to travel to The Christie’s main site in south Manchester on a daily basis – often for up to five weeks – for radiotherapy treatment.

The new centre, which in just one year, will save local patients the equivalent of travelling to the moon and back, will have two state-of-the-art £1.3 million radiotherapy machines. Christie doctors, specialist radiographers, nurses and other medical experts will be able to treat 70 people a day.

**Green light for new £44m women & children’s super centre**

PLANS to build a major new £44 million women’s and children’s specialist development and services at The Royal Oldham Hospital have been given the green light.

The development represents the largest capital investment made to date by the Trust, it will involve a major new four-storey building on the site, the refurbishment of existing wards in the main hospital and is set to include new delivery rooms, obstetric theatres, a paediatric theatre, a mother-baby unit, a maternity ward and a brand new Neonatal Intensive Care Unit (NICU).

Once complete, The Royal Oldham Hospital will be the largest regional centres providing the highest level of intensive care to the smallest and most vulnerable babies. This will enable families within Oldham, Rochdale and adjacent districts, to have their babies cared for by specialist neonatal doctors and nurses in a modern, purpose-built unit without having to travel in to the centre of Manchester.

John Leek, Chairman of Trust, said: “This exciting scheme will enable us to improve maternity, children’s and newborn care facilities at The Royal Oldham Hospital. It has taken many months of detailed planning by medical, nursing, midwifery and other staff to complete the design.

In addition, a significant amount of work has been undertaken by the Trust together with the Children, Young People and Families NHS Network to ensure the scheme design provides the necessary services and the very best possible care for the women, children and their families who will use the unit.”

The estimated completion date is December 2012.

**New Clinical Haematology unit opens**

A NEW £8m purpose-built specialist facility to treat patients with leukemia, lymphomas and a range of other haematological and blood disorders opened at The Royal Oldham Hospital in July.

The brand new state-of-the-art Clinical Haematology Unit, known as ward F11, is based on the first floor of the new building development at the hospital. It is now one of the largest haematology units in the region, comprising 22 inpatient beds, incorporating 11 individual ensuite side rooms, and a dedicated day case unit.

Clinical haematology is a specialty which is able to diagnose and treat diseases of blood and bone marrow. It involves the management of, among others, anaemias, blood disorders, leukaemia, lymphoma, myeloproliferative disorders, sickle cell disease and thalassaemia. A large part of the work of clinical haematology is the diagnosis and treatment of tumours, with leukaemias and lymphomas being the most common.

Dr Virek Sen, consultant haematologist at The Trust, said: “We can’t overstate how important this new facility will be for patients with haematological disorders treated at Pennine Acute Trust. It will allow our patients to receive care in a much more co-ordinated way within a state of the art facility that provides a level of service previously found only in bigger teaching hospitals. With seven consultant haematologists and supporting staff, the unit is one of the largest haematology units in the North West of England, and capable of allowing for future developments.”

**New trauma and orthopaedic services**

In November 2009, new specialist services for trauma and orthopaedic patients were established at The Royal Oldham Hospital and Rochdale Infirmary.

Anyone from Rochdale borough who requires an operation on badly broken bones will be referred from Rochdale Infirmary’s emergency department to a specialist emergency surgery team based at The Royal Oldham Hospital.

Oldham patients who require day surgery for orthopaedic complaints, such as knee and shoulder conditions, will see their consultant at The Royal Oldham Hospital, but may have their planned operation at Rochdale Infirmary. All follow-up appointments will be at their local hospital. The reshaped service will see equal numbers of patients moving between Rochdale and Oldham to receive the specialist trauma and orthopaedic treatment they need.

The plans to reshape and improve the way specialist trauma and orthopaedic services are delivered have been clinically driven by surgeons and other NHS specialists to concentrate key clinical expertise, equipment and other resources into the two hospitals to create a more focused approach in the quickest delivery of patient care whilst driving improvements in the efficiency of our services.

As part of the new service, the Trust has introduced two trauma co-ordinators, a new role in the Trust, who play an essential role in the care of patients both pre and postoperatively and in conjunction with the medical team ensure that trauma sessions and acute beds are fully and appropriately used. Plans for the future include developing specialist foot and ankle services at Rochdale Infirmary.

**Your Hospital Rochdale Infirmary**

**Rochdale consultant performs new keyhole surgery**

A LEADING consultant in upper gastro-intestinal surgery at Rochdale Infirmary has successfully performed a new groundbreaking procedure for the first time on a Rochdale patient.

Mr Khurshid Akhtar used keyhole surgery to carry out a laparoscopic oesophagectomy – which means the removal of the gullet.

The operation is usually performed due to cancer in the oesophagus. Most of the oesophagus and part of the stomach, which is the bag-like structure where all the food goes when we eat, is removed and at the end of the operation the parts are rejoined in such a way that you can eat normally.

Oesophagectomy is one of the most major and complex operations. Surgery usually involves a large incision in the upper part of the stomach and another on the right hand side of the chest, both typically being about 25cm long. However, the new groundbreaking procedure which Mr Akhtar undertook used incisions of just 0.5 to 1cm long.

Using four to five 1cm incisions on the stomach and chest, Mr Akhtar performed the operation on cancer patient Kenneth Nelson from Rochdale.

Mr Akhtar, who is also upper GI cancer lead at the Trust, said: “The operation was the first procedure of its kind within the Trust and also the first totally keyhole oesophagectomy in the north west. Pennine Acute Trust is used to performing keyhole gastroectomies as we have undertaken these kind of operations for more than two years, but this was totally new. Only a few centres in England have carried out this kind of operation as it is in the early stages of its development. Keyhole surgery is such a bonus for patients; it produces less trauma and pain for them, which results in a quicker recovery time and then an earlier discharge from hospital.”

**Top award for endoscopy unit**

A SURGICAL team at Rochdale Infirmary are providing a world-class service, according to upper gastro-intestinal endoscopy after receiving a top national award.

Led by Mr Regi George, consultant gastroenterologist, the endoscopy team has been officially awarded the Joint Advisory Group (JAG) accreditation for diagnostic and therapeutic gastro-intestinal endoscopic procedures until 2014.

Endoscopy is the examination of the inside of the body for diagnosis or treatment, using both fibre-optics and video technology for transmitting images to the operator. Many operations can now be performed by passing surgical instruments down an endoscope.

The accreditation ensures quality assurance nationally in all aspects of endoscopy. With only a few units across the north-west who have achieved JAG accreditation, Rochdale Infirmary joins an elite group which includes the Trust’s other hospital in Bury, Fairfield General Hospital’s Endoscopy Unit.
Rochdale A&E remains open

N July 2010 the Trust was forced to take the difficult decision to divert emergency ambulance admissions to Rochdale Infirmary A&E department between 6pm and 8am because patient safety could be at risk due to a shortage of doctors.

The decision, which came into effect on 2 August, was based on clear senior medical advice and supported by the local primary care Trust. The arrangement will remain under constant review in light of ongoing recruitment of the additional doctors required.

After the hours of 6pm there has been no ability to accept ambulances carrying very sick patients and as such all ambulances have been diverted to the nearest hospital. This has been Fairfield General Hospital in Bury or The Royal Oldham Hospital, both hospitals are also run by the Trust.

But the Trust has been keen to emphasise and reassure the public that the emergency department at Rochdale Infirmary is not closed and will remain open to treat those patients who self present as normal; the new arrangements will only affect ambulances.

Women giving birth will also be unaffected as appropriate ambulances for maternity will continue to be brought to Rochdale Infirmary throughout the night.

If you call for an ambulance you will be reassured for your nearest hospital or the most appropriate specialist centre for appropriate treatment.

Fairfield General Hospital

Fairfield ward scoops national award

S TAFF on Ward 14 at Fairfield General Hospital won a major national award after being chosen by their peers for successfully freeing up time to enable nurses to increase time spent on direct patient care.

The surgical ward at Fairfield received the ‘People's Choice’ award which was voted for by healthcare professionals from across the country at the recent Lean Healthcare Academy's annual awards for excellence.

Relieving Time to Care, also known as the Productive Ward programme, was launched in January 2008 by the NHS Institute for Innovation and Improvement Research by the institute found that the average less than 40% of their time was being used delivering safe, quality care to patients.

Teams work together in improving the way ward staff and support staff across a ward, often at the same time with many tasks happening on a ward, often at the same time by a variety of different people.

The feedback from both nursing staff, pharmacy staff and support staff across the pilot wards indicates that the Productive Ward programme has real benefits to staff and ultimately patients.

The programme is more than just a tidying exercise for nurses as it actually has significant impact on releasing time to care for our patients.

One of three Pennine Acute Trust's Productive Ward projects shortlisted for the award, the project undertaken by the Fairfield Lean team saw direct care time rise by 14% to 28% in March and then to 53% in June 2009.

The Trust is fully signed up to the Productive Ward initiative and has already seen overwhelming evidence of the benefits to staff and patients. It is being rolled out across all the Trust's hospitals.

Marian Carroll, director of nursing at The Trust, said: “Wards are very busy places with many tasks happening on a ward, often at the same time by a variety of different people. The feedback from both nursing staff, pharmacy staff and support staff across the pilot wards indicates that the Productive Ward programme has real benefits to staff and ultimately patients. The programme is more than just a tidying exercise for nurses as it actually has significant impact on releasing time to care for our patients.”

A SPECIAL promise made by a patient to staff at Fairfield Hospital ensured that a man’s fitness was brought back to its prime, following a life-threatening heart attack.

Mr Dalffen from Radcliffe, suffered a heart attack a week after competing in the 2009 Manchester 10K run. A normally fit and active person, Bill was shocked that it could happen to him.

Following a programme of cardiac rehabilitation by a specialist team at the hospital he can now boast that he is back to full fitness, especially after fulfilling his promise to compete and bring back a 2010 Manchester 10K medal.

As part of an eight-week cardiac rehabilitation programme, Bill was taught by various health professionals including physiotherapists, occupational therapists and dietitians how to regain his confidence, plus exercise sensitivity to get his heart back into condition.

The two hour classes which are run weekly for patients who have suffered either a heart attack or who have undergone heart surgery are a way of either keeping you healthy or getting you healthy.

Before the incident, Bill said: “I was shocked when I was told that I had a heart attack, as initially I thought I might just have been suffering from severe indigestion. The news from the doctors was a shock beyond belief, world apart and I felt inside, I really thought it was the end of my life as I knew it.”

In May, Bill completed the Manchester 10K and only 10 minutes behind him was the man he set last year. Crossing the finishing line in 72 minutes, he said he felt elated at achieving his personal goal. He added: “I was determined to finish the race this year and bring a medal back for the staff.”

Bill Excell, cardiac rehab physiotherapist and inpatient manager, said: “More and more people are coming to our classes now and the average age range of people referred to us is getting younger. Previously the majority of group members would be in their 70s and 80s, whereas now, people are having heart attacks in their 30s. We’ve had to revise our rehabilitation programme to cater for all ages and levels of fitness.

Each patient is closely monitored throughout the sessions and are given an individual target to reach at the end of the eight week course.

Quality Accounts Reports

QUALITY Accounts are annual reports from NHS providers about the quality of services they provide and the work of organisations like ours to enhance public accountability by listening to and involving the public, patients, organisations and the people who received an award are those whose innovation and inspiration has worked to improve the quality and safety of patient care. These are people who truly deserve awards.

The winners were publicised across the organisation and in the local press.

The event was sponsored by a number of external organisations who covered the total costs of the evening. Our thanks to Pulse, Key Care & Support, NG Bailey, Maco & Jonas, and Vinci Construction UK Ltd.

Staff Awards 2010

N July the City of Manchester Stadium has been opened by the first ever Pennine Staff Awards 2010.

Almost 300 Trust employees enjoyed dinner, dancing and importantly 12 winners – individuals and teams – received awards for their outstanding work.

The staff awards consist of four categories which recognise the very best of patient care, dedication and innovation across the Trust’s five hospitals and its 10,000 staff.

Chairman John Jesky, chief executive John Saxby, and director of HR, Roger Pickering, opened the doors to the glittery event. Sally Lindsay, who is currently pregnant with twins, spoke of her respect and admiration for NHS staff. She also got some great hints and tips from the community midwives team. Presenting the awards Sally Lindsay said: “Sometimes it is easy for you to forget to care and attention of the people in whom we place our Trust to look after those we love when they are seriously ill. The people who received an award are those whose innovation and inspiration has worked to improve the quality and safety of patient care. These are people who truly deserve awards.”

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Chairman and Two Non-Execs Re-appointed

JOHN Jesky has been re-appointed by the Appointments Commission as Chairman of The Trust for a further five years.

Mr Jesky was appointed as Chairman in June 2006. Prior to this, he was a non-executive director of Greater Manchester Strategic Health Authority and Chairman of its Audit Committee. From 1994 to 1998 John was a non-executive director of Salford Community NHS Trust.

His new Term of Office starts on 1 June 2010 and runs to 31 May 2014.

Two serving non-executive directors have also been re-appointed. Michael Holly and Haydn Griffith have had their term of office extended until September 2014.

For a more detailed report see the Trust’s Quality Accounts Report 2009/10 which was published as required on 30 June 2010. The report is available on the Trust’s website (www.pat.nhs.uk) and also via the NHS Choices website (www.nhs.uk).
The Trust welcomes direct feedback from patients about its services. There are a number of different ways in which you can contact us or give us your views. If you have an issue which you wish to raise about your care then you should initially discuss this with the ward or departmental staff in the area you are being cared for. Local staff are usually best placed to be able to answer questions about your own care, or those of your relatives.

We recognise that in some circumstances patients or relatives may prefer to discuss the matter with someone not directly involved in their care. In those circumstances you can also contact the Patient Advice and Liaison Service (PALS), as follows:

- Fairfield General Hospital: 0161 778 2455
- North Manchester General Hospital: 0161 720 2707
- The Royal Oldham Hospital: 0161 627 8678
- Rochdale Infirmary: 01706 517354

Patients and their families can use the hospital feedback section of the NHS Choices website at www.nhs.uk, the Patient Opinion website at www.patientopinion.org.uk, or the feedback sections of the Trust’s own website at www.pat.nhs.uk. If you have any specific questions or views you can contact the Trust directly.

T he Pennine Acute Hospitals Charity is the fundraising arm of the Pennine Acute Hospitals NHS Trust which covers your acute hospitals.

We are a registered charity set up to support The Pennine Acute Hospitals NHS Trust by funding equipment, training and research to help the Trust provide the best standards of care for patients and to support a continuous programme of improvement. Money raised can be for use throughout the Trust’s hospitals, but if you prefer, you can donate to or raise funds for one particular hospital, or even a specific ward or department. If you want to support a specific ward or department, it’s best to discuss this with the manager there first to find out what equipment or service would be most appreciated.

Useful contacts:
- Switchboard: 0161 624 0420
- Volunteers co-ordinator: 0161 604 5892 or mary.sunderland@pat.nhs.uk
- Foundation Trust membership office: 0161 918 4283 or email ft.membership@pat.nhs.uk

I t is important to us that our membership is strong and vibrant and can influence how your hospitals are run. Membership is free, with no obligation, and is open to anyone aged 14 and over. For more information, or to register to become a member, visit online at www.pat.nhs.uk/foundationTrust or call 0161 918 4283 or email ft.membership@pat.nhs.uk

Tell us what you want to receive as members

We need more members – sign up someone today

Tell us what you want to receive as members

We aim to provide our members with a mix of news, health promotion topics and membership related information so you know what’s happening at The Pennine Acute Hospitals NHS Trust.

“…..TO PROVIDE THE VERY BEST CARE FOR EACH PATIENT ON EVERY OCCASION…….”
The public are reminded that 999 services are for life-threatening illnesses and emergencies. For minor illnesses, ailments and injuries or, if you are feeling under the weather, use your local pharmacy or contact NHS Direct on 0845 46 47 or online at www.nhs.uk

Please write any comments you have here:

Foundation Trust membership
I am interested in becoming a Foundation Trust member

Volunteering
I am interested in volunteering in the Trust

The Pennine Acute Hospitals NHS Trust Charity
I am interested in raising funds or making a donation to the Charity

First Name __________________________ Last Name __________________________

Address
House/number __________________________
Street __________________________
City __________________________
County __________________________
Post code __________________________

Telephone __________________________ Email __________________________

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