

TO PROVIDE **THE VERY BEST CARE** FOR EACH PATIENT ON EVERY OCCASION

# Infection Prevention

An information guide



# Infection Prevention

## What we expect from you

- It is important that you shower/bathe on the day of your admission to hospital
- It is important to keep your hands and body clean when you are in hospital. **Please use the alcohol hand rub provided when entering or leaving all wards**
- Ensure you always wash your hands after using the toilet. If you use a commode ask for a bowl of water to wash your hands, or use a moist hand-wipe afterwards
- Please do not sit on other patients' beds
- Bring personal toiletries including soap and a clean flannel with you. Please do not share your toiletries with other patients
- Bring a container of moist hand-wipes with you, to ensure you always have some available when you need to clean your hands
- Gentlemen should bring their own razor to shave
- Try to keep the top of your locker and bed-table free from clutter. Too many things left on top make it difficult for cleaning staff to clean properly
- Please report promptly any new symptoms you may have, for example diarrhoea, vomiting or nausea and any discomfort you may have with cannulae in veins or urinary catheters.

A cannula is a small tube that has been inserted into a vein. A urinary catheter is a tube that has been inserted into your bladder

## **What you can expect from us**

Hospital staff can help you by washing their hands, using special alcohol rubs or gels. If a member of staff needs to examine you or perform a procedure, do not be afraid to ask if they have first washed their hands

- If you visit the toilet/bathroom and you are concerned that it does not look clean, report this immediately to the nurse in charge of the ward.
- Your bed area should be cleaned regularly, if you see something which has been missed during cleaning, report it to the nurse in charge and request it is cleaned.

## **What we expect from your visitors**

Visitors play an important part in helping to prevent the spread of infection. Please ensure your visitors:

- Wash or gel their hands when entering and leaving the ward.
- Are aware of any infection control signs in ward areas and do not wander into any other room.
- Do not visit if they themselves have an infection such as diarrhoea and/or vomiting.
- Do not visit if they have been in contact with someone who has chicken pox, coughs and colds etc.
- Use the chairs available and do not sit on your or other patients' beds.
- Visitors bringing children – It is important to note that although children are welcome to visit, babies and young children are more at risk of picking up and passing on infections. Please do not let them visit any other patients or wander around the ward.

**If English is not your first language and you need help, please contact the Ethnic Health Team on 0161 627 8770**

اگر انگلش آپکی مادری زبان نہیں ہے۔ اور آپ بات چیت کرنے میں دقت محسوس کرتے ہیں۔ تو مدد کیلئے آپ ایتھنک ہیلتھ ٹیم سے نیچے دیئے ہوئے نمبر پر رابطہ کریں۔

若英語並非閣下的第一語言和需要幫忙的話，請致電 0161 627 8770 聯絡少數民族健康組。

ইংরেজী যদি আপনার মাতৃভাষা না হয় অথবা ইংরেজী বলতে ও বুঝতে আপনার অস্ববিধা হয় তাহলে এথনিক হেলথ টিমের সাথে নীচের টেলিফোন নাম্বারে যোগাযোগ করুন।

**0161 627 8770**

જો અંગ્રેજી આપની પહેલી ભાષા ન હોય અને આપને મદદની જરૂર હોય તો મહેરબાની કરીને એથનિક હેલ્થ ટીમનો ૦૨૭-૮૭૭૦ નંબર પર સંપર્ક કરો

Jeżeli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy proszę skontaktować się z załogą Ethnic Health pod numerem telefonu 0161 627 8770

**For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897**

**For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 620 0420 and the Switchboard Operator will put you through to the correct department / service**

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