

Signs and Symptoms of Thrombosis



A VTE can be a DVT or a PE or a DVT and PE

Deep Vein Thrombosis (DVT):

Deep vein thrombosis (DVT) occurs when a blood clot forms in one of the deep veins of your body, usually in your legs, but occasionally a DVT can occur in your arm.

The signs and symptoms of a DVT include:

- Swelling, usually in one leg (or arm)
- Leg pain or tenderness
- Reddish / blue skin discoloration
- Leg (or arm) warm to touch

These symptoms of a blood clot may feel similar to a pulled muscle, although they may also be accompanied by other symptoms that include:

- Swelling in the leg (or arm)
- Slight discoloration
- Possibly feel warm

If you experience these signs or symptoms you should seek medical advice.

Pulmonary Embolism (PE):

A PE occurs when clots break off from a DVT and travel to the lung, causing a pulmonary embolism (PE). This is a very serious condition that can be fatal.

The signs and symptoms of a PE include:

- Sudden shortness of breath
- Chest pain-sharp, stabbing; that may get worse with deep breaths
- A rapid heart rate
- Unexplained cough, sometimes with blood-streaked mucus

If you experience these signs or symptoms you should seek medical advice.