

Patient Initiated Follow Up (PIFU)

An information guide



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What is 'patient initiated follow up'?

You may see this referred to as 'PIFU'.

Patient initiated follow up puts **you** in control.

Research has shown that having a regular outpatient follow up does not help to prevent your condition returning or identify new problems. In fact, many people find that follow up visits to the hospital cause a lot of unnecessary anxiety.

The majority of patients with long term conditions, or following a hospital treatment, do not require regular follow up by the hospital team.

The 'guide card' will help **you** decide when you should get in touch with us. The card has been designed to fit into your purse or wallet so that you can conveniently refer to it.

I'm concerned about losing regular contact with the hospital

Everyone has different feelings when they no longer need to be seen regularly by their medical team.

Check your guide card, it has been specifically designed for you to show symptoms that indicate a “flare up” of your condition, and that you should arrange an appointment with us.

Patient initiated follow up will provide you with direct access to guidance when you most need it. For all other concerns, or if you are feeling unwell, your GP remains your first point of contact.

How do I book a patient initiated follow up appointment?

The service is quick and easy to use.

Just call on: 01706 517233 and leave a message with your contact details

A member of the team will contact you the same day (08:00 to 16:00) to arrange for a nurse to telephone you, or make an appointment for you.

Please remember, it’s important that you are available for your appointment. If you are unavailable for your appointment please tell us in advance so we can try to give your appointment to someone else.

Failure to do so may lead to you being referred back to your GP.

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

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To improve our care environment for Patients, Visitors and Staff, **Northern Care Alliance NHS Group** is Smoke Free including buildings, grounds & car parks.

For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897


For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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Date of publication: October 2019

Date of review: October 2019

Date of next review: October 2021

Ref: PI(M)213

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