

# Having a Water Soluble Swallow/Meal

An information guide



# **Having a Water Soluble Swallow/Meal**

## **Who performs your investigation?**

A radiologist or specially trained radiographer will perform your investigation assisted by a radiographer. Radiologists are doctors specially trained to interpret the images and carry out more complex examinations. They are supported by radiographers who are highly trained to carry out x-rays and other imaging procedures.

## **What is a water soluble swallow/meal?**

This is an examination of your oesophagus (the food pipe between your mouth and your stomach) and the stomach itself.

## **Are you required to make any special preparation?**

There is no special preparation for this examination.

## **What happens during the investigation?**

You will be asked to put on a hospital gown. You will be taken into an x-ray room and asked to swallow some more liquid. X-rays will be taken as you swallow the liquid to follow it down to your stomach. You will be asked to move into different positions as the pictures are taken.

## **How long does the investigation take?**

The whole process takes 10-15 minutes.

## **Are there any side/after effects?**

There are no side effects from this examination.

**How do you get the results of your investigation?**

The results will be sent to the consultant who referred you.

**IMPORTANT - Could you be pregnant?**

This appointment for x-ray must fall within the first 28 days of your menstrual cycle, counting the day you start your period as day 1. If this appointment does not fall within these 28 days or you are at all uncertain, please contact the radiology appointments dept. **It is important that this rule is adhered to.**

**IMPORTANT - Are you diabetic?**

Please contact the Booking Centre on 0161 778 2233 for further advice.

Please be aware that this examination uses a low dose of radiation. This is not harmful to you but if you are pregnant there could be a risk to your unborn baby. If you have any questions please contact the xray department.

**If English is not your first language and you need help, please contact the Interpretation and Translation Service**

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

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Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

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**For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897**


**For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service**

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