

Nephrostogram

An information guide



Nephrostogram

What is a nephrostogram?

You will previously have had a nephrostomy tube inserted into one or both of your kidneys. This test is to check that these tubes are working.

Who performs your investigation?

A radiologist will perform this investigation assisted by a radiographer. Radiologists are specially trained to interpret the images and carry out more complex examinations. They are supported by radiographers who are highly trained to carry out x-rays and other imaging procedures.

Is it safe?

All procedures carry some risks; however the test is carried out using an aseptic (sterile) technique to reduce cross-infection.

Is there any special preparation for this procedure?

There is no special preparation for this procedure. You may continue to take any medication as normal. It is advisable that you bring a spare nephrostomy bag with you.

What does the investigation involve?

You will be asked to change into an x-ray gown leaving your underwear on. The radiographer or radiologist will explain the procedure to you and will then invite you to lie on your tummy (or your side) on the bed. The radiologist (doctor) will remove the drainage bag and clean the drain before injecting some liquid dye (contrast) into your nephrostomy drain. The radiographer will take x-ray pictures of the dye in your kidney and you may be asked to lie in different positions whilst the pictures are being taken. At the end of the procedure a new drainage bag will be attached.

How long does the investigation take: is it a painful?

The investigation will take about 30 minutes. It is not a painful

procedure but you may experience some mild discomfort when the dye is injected.

Are there any side effects/after effects?

There are no after effects. You will be free to return home or to the ward on completion of your test.

How do you get the results of your test?

The results of the examination will be sent to the consultant who referred you.

IMPORTANT – COULD YOU BE PREGNANT?

This examination does involve using a small amount of radiation. This dose is kept to a minimum to reduce the risks to yourself.

This appointment for x-ray **must fall within the first 28 days of your menstrual cycle, counting the day you start your period as day 1.** If this appointment does not fall within these 28 days, or you are at all uncertain, please contact the radiology appointments department on 0161 778 2233. **It is important that this rule is adhered to.**

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

☎ : 0161 627 8770

@ : interpretation@pat.nhs.uk

To improve our care environment for Patients, Visitors and Staff, **Northern Care Alliance NHS Group** is Smoke Free including buildings, grounds & car parks.

For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897


For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

 www.facebook.com/NorthernCareAllianceNHSGroup

 www.linkedin.com/company/northern-care-alliance-nhs-group

 Northern Care Alliance NHS Group (NCA) @NCAlliance_NHS

Date of publication: April 2009

Date of review: December 2020

Date of next review: December 2022

Ref: PI(DS)553

© The Northern Care Alliance NHS Group

www.pat.nhs.uk

www.northerncarealliance.nhs.uk

