



Northern Care Alliance
NHS Group

Ultrasound General

An information guide



Ultrasound General

Do I need to do anything before I arrive at the hospital for my examination?

No you may eat and drink as normal before attending your examination.

Are there any side effects?

There are no known side effects with this examination.

How long will the scan take?

The length of time taken depends on the type of examination. Usually an ultrasound procedure will take between fifteen minutes and half an hour.

What happens after the test?

Provided no other investigations are required you will be able to resume normal activities as soon as you wish. If you have any queries please do not hesitate to ask a member of staff.

The person scanning may not be able to discuss the findings until they have had a chance to study the pictures taken in detail. A report of the examination will be sent to the referring doctor. You should discuss details of the results, and any necessary treatment, with the doctor who referred you for the test.

What is an ultrasound scan?

An ultrasound scan is a simple test that involves examining the internal organs of the body using sound waves.

What is involved?

Prior to your examination you may be asked to change into a gown but this is not routinely offered. You will be provided with a cotton gown but not a dressing gown. You may wish to bring your own.

You will then be asked to lie on a couch in a darkened room with an ultrasound machine beside the couch. The doctor or sonographer will put gel on your skin over the area to be examined; this helps the transmission of sound waves through the skin. This gel may be cold on application but is easily removed after the examination and does not stain your clothing.

The doctor or sonographer will slide a small hand held instrument over the area to be examined and an image will be displayed on the screen. The instrument causes no pain, but if you are tender and the doctor has to press on an area to obtain a clearer image this may cause you discomfort.

If you have any questions or concerns regarding your investigation please contact us on 0161 778 2233.

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

☎ : 0161 627 8770

@ : interpretation@pat.nhs.uk

To improve our care environment for Patients, Visitors and Staff, **Northern Care Alliance NHS Group** is Smoke Free including buildings, grounds & car parks.

For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897

For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

 www.facebook.com/NorthernCareAllianceNHSGroup

 www.linkedin.com/company/northern-care-alliance-nhs-group

 Northern Care Alliance NHS Group (NCA) @NCAlliance_NHS

Date of publication: July 2008

Date of review: August 2021

Date of next review: November 2023

Ref: PI(DS)476

© The Northern Care Alliance NHS Group

www.pat.nhs.uk

www.northerncarealliance.nhs.uk

