

Semi Rigid Cast Advice

An information guide



Semi Rigid Cast Advice

A semi rigid cast has been applied to your foot to reduce the pressure from the ulcerated or vulnerable area.

Please follow the instructions below to use the semi rigid cast correctly:

- Apply tubular bandage or a sock (if appropriate) to the foot.
- Apply one or more layers of wool bandage to the foot as per the treatment plan and advice given. This should prevent any skin damage.
- Apply semi rigid cast to the foot according to the markings (left/right foot, toes, and heel direction). This should ensure that it is applied correctly.
- Secure the semi rigid cast in place with a layer of tubular bandage. This should prevent the semi rigid cast from moving.
- The semi rigid cast should not be placed directly against the skin and it could lead to skin damage and/or ulceration.
- Ensure the semi rigid cast does not get wet/does not have contact with a heat source. This could result in the cast becoming soft and/or reduce its function.

Individual advice

Please note there is a risk that the semi rigid cast may cause skin damage.

If any of the following occur that could be related to the semi rigid cast, stop wearing the semi rigid cast:

- Signs of skin damage.
- New pain or discomfort.
- Surrounding skin becomes red.
- Ulcer increases in pain .
- Ulcer appears to get worse.
- Any falls, slips or trips.
- The cast becoms soiled with exudate or body fluids.
- The cast becomes wet.

If you are being cared for by another provider, please ensure that they have seen this leaflet.

If there are any problems with your semi rigid cast then please contact the podiatry department/vascular nurse where your semi rigid cast was made:

Fairfield General Hospital/Rochdale Infirmary - 0161 778 2860

North Manchester General Hospital - 0161 720 2120

The Royal Oldham Hospital - 0161 627 8014

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

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Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

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For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897

For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

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Date of publication: January 2013

Date of review: October 2020

Date of next review: October 2022

Ref: PI_DS_793

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