

Children's Physiotherapy Service

An information guide



Children's Physiotherapy Services

Introduction

We are the Paediatric Physiotherapy Team based at the Bury Living Well Centre but also across a wide range of community settings.

We provide a physiotherapy service for children and young people with additional physical needs or a disability, from birth to 16 years old (up to 19 years if in special education).

A paediatric physiotherapist is a qualified healthcare professional with specialist skills, expert knowledge and experience of child development. They are trained to provide assessment and treatment for children with physical difficulties due to injury, illness or disability.

Our aims

Our aim is to facilitate independence and quality of life with our patients through high quality physiotherapy assessment, treatment and advice.

We aim to empower parents, carers and children to manage their needs independently in the community.

How do you access our service?

You need to be referred by one of the following:

- GP or Consultant in Tertiary Care
- Another health professional e.g. occupational therapist, health visitor

Consent

Your consent is required prior to assessment or treatment of you/ your child. You have the right to withdraw your child from therapy intervention at any stage

Assessment

This will involve asking a series of questions and a physical examination to help us understand you/your child's needs and what we can do to help

Treatments

Our treatments are individualised for each child following the findings from our assessments.

This may include:

- Exercise programmes which will be supervised by a physiotherapist but may also be continued at home.
- Group exercise classes where appropriate.
- Provision of appropriate equipment, e.g. walking or standing frames.
- Advice and education regarding positioning, posture management and safe equipment use.
- Referral to other agencies where appropriate.
- Joint working and advice given to other professionals and carers if needed.

How often do I need to see a physiotherapist?

Depending on the findings from your initial assessment, some children will require advice only; others will have a course of treatment over a few weeks, others may need to be seen over a longer period.

We pride ourselves in providing expert education, treatment and advice to our patients and families, so they can achieve self-management of their conditions in the community whenever possible.

Who can we help?

- Children who have had an accident or injury.
- Children with joint pain.
- Children with physical problems which cause difficulty with movement and co-ordination.
- Children with delayed development.

Where do we work with children?

- The Bury Living Well Centre
- The child's home (If meets applicable criteria)
- Nurseries and playgroups (If meets applicable criteria)
- Special schools (If meets applicable criteria)
- Mainstream schools (If meets applicable criteria)

Patient Advice and Liaison Service

The Patient Advice and Liaison Service (PALS) acts on behalf of service users, families and carers to negotiate prompt solutions and help bring about changes in the way that services are developed.

As well as providing a confidential advice and support service, PALS will help guide you through the different services available from the NHS.

Telephone: 0161 604 5897

E-mail: pals@pat.nhs.uk.

Alternatively you can write to: PALS, IM&T Building, North Manchester General Hospital, Delaunays Road, Crumpsall, M8 5RB.

Comments and complaints

We want to learn from comments and complaints about our services. If you have any, please speak with a member of staff. Every effort will be made to resolve any concerns and complaining will not cause any difficulties in your care with us.

You can also contact our Complaints Department via post at: Complaints Department, IM&T Building, North Manchester General Hospital, Delaunays Road, Crumpsall, Manchester, M8 5RB

E-mail: complaintsoffice.trust@pat.nhs.uk

Telephone: 0161 604 5800

Alternative Formats

If you need help to understand this information, require it another format such as large, spoken (on CD) OR Braille, or require it in a different language, speak to a member of staff.

Contact Us

Bury Living Well Centre

Morley Street,

Bury,

BL9 9JQ

Telephone: 01617161517

Or service is available Monday to Friday from 8:00am – 4:00pm

Notes:

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

☎ : 0161 627 8770

@ : interpretation@pat.nhs.uk

To improve our care environment for Patients, Visitors and Staff, **Northern Care Alliance NHS Group** is Smoke Free including buildings, grounds & car parks.

For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897


For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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