

Paediatric Physiotherapy

An information guide



Paediatric Physiotherapy

Introduction

We are a team of physiotherapists and assistants, based at The Integrated Care Centre but also working across a wide range of community settings.

We provide a physiotherapy service for children and young people with additional physical needs or a disability, from birth to 18 years old.

A physiotherapist is a qualified healthcare professional, who is trained to provide assessment and treatment for people with physical difficulties due to injury, illness or disability.

Our aims

We aim to promote independence and quality of life by providing high quality physiotherapy assessment, treatment and advice to empower parents, carers and children to manage their physical needs in the community.

You can expect to be seen for your first appointment within 6 to 8 weeks of referral to the service.

Assessment

This will involve asking a series of questions and a physical examination to help us understand what is wrong and what we can do to help.

Treatments

Treatments are individualised for each child following the findings from the assessment. This may include:

- Exercise programmes which will be supervised by a physiotherapist initially but may also be continued at home.
- Provision of appropriate equipment: e.g. walking or standing frames.
- Referral to other agencies where appropriate.
- Chest physiotherapy - to help with or prevent breathing difficulties.
- The physiotherapists will work with and give advice to other professionals and carers if needed, which could include: advice regarding positioning and posture management, exercise programmes and equipment.
- Postural care and positioning advice.

How often do I need to see a physiotherapist?

Depending on the findings from your initial assessment some people will require a course of treatment over a few weeks whilst others will need to be seen over a longer period.

How do you access our service?

You need to be referred by one of the following people:

- Your child's GP or consultant.
- A physiotherapist from another hospital.
- Your health visitor or school nurse.
- The Community Paediatric service.

Who can we help?

- People who have had an accident or injury.
- People with joint pain.
- People with physical problems which cause difficulty with movement and co-ordination.
- Children with delayed development.
- Children with breathing problems who require advice and or treatment.

Where do we work with children?

- The Integrated Care Centre and other primary care centres.
- The child's home.
- Nurseries and playgroups.
- Special schools.
- Mainstream schools.

Patient advice and liaison service

The Patient Advice and Liaison Service (PALS) acts on behalf of service users, families, and carers to negotiate prompt solutions and help bring about changes in the way that services are developed.

As well as providing a confidential advice and support service, PALS will help guide you through the different services available from the NHS.

Telephone: 0161 604 5897

Email: pals@pat.nhs.uk.

Alternatively, you can write to: PALS, IM&T Building, North Manchester General Hospital, Delaunays Road, Crumpsall, M8 5RB.

Comments and complaints

We want to learn from comments and complaints about our services. If you have any, please speak with a member of staff. Every effort will be made to resolve any concerns and complaining will not cause any difficulties in your care with us.

You can also contact our Complaints Department via post at:

Complaints Department, IM&T Building, North Manchester General Hospital, Delaunays Road, Crumpsall, Manchester, M8 5RB

E-mail: complaintsoffice.trust@pat.nhs.uk

Telephone: 0161 604 5800

Contact us

Paediatric Physiotherapy Team

Integrated Care Centre

New Radcliffe Street

Oldham

OL1 1NL

Telephone: 0161 621 3500

Our service is available Monday to Friday from 8:30am to 4:30pm and we also offer some evening clinics.

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

☎ : 0161 627 8770

@ : interpretation@pat.nhs.uk

To improve our care environment for Patients, Visitors and Staff, **Northern Care Alliance NHS Group** is Smoke Free including buildings, grounds & car parks.

For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897

For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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