



Northern Care Alliance
NHS Group

Welcome to the Elective Orthopaedic Ward

An information guide



Welcome to the Elective Orthopaedic Ward

Ward Telephone Number: 0161 778 2514

Welcome to the Elective Orthopaedic Ward at Fairfield General Hospital

We will do our best to make you and your family/friends as comfortable as possible during their stay with us.

This information booklet will aim to provide you with enough information to answer any questions or concerns you may have. If there are any questions you may have please do not hesitate to ask a member of staff on the ward.

If you have any concerns about the care of your relative/friend is receiving, please speak to the nurse in charge or call the urgent concern helpline on: **07970199235**

About the Elective Orthopaedic Ward

The ward is a 26 bedded Elective Orthopaedic Ward which cares for mixed sex patients. It has 4 side wards with female and male and 2 large rooms with 7 beds and a larger room with 8 beds. Each bedside has Patient line TV/Radio and Telephone access.

Bathroom and toilet facilities include equipment for the aid of those with disabilities. There are nurse call alarm lights by each bed.

Admission

All patients are first welcomed to the ward. Staff will ask how they would like to be addressed e.g. Mr, Mrs or first name. A detailed assessment, in the form of a friendly question and answer session, is then made by a member of the nursing staff. This is only done if your condition permits. Relatives or friends may be able to answer questions for you. The treatment you require will also be explained at this time. **Please ask** any questions you wish. Any information about your illness or stay in the hospital will be treated in strict confidence.

If you are taking any medications, it is important to bring these to our attention on admission

Staff

The ward is divided into a team of nurses. You will be informed of the nurse taking care of you on each particular shift. There are a number of nurses specialised in particular areas who share their expertise with the rest of the team nurses.

During your stay you will be under the care of a named consultant and their team of doctors who will be responsible for your care and treatment during your stay in hospital. Our ward doctors review patients daily with the multidisciplinary team to discuss the patients treatment and discharge.

We are aware that it is not always possible for you to attend the ward in order to get an update on how the patient is. However we are also limited to the information we can give out over the telephone so please bear this in mind when phoning the ward. Although a doctor may not always be available on the ward, a nurse will always be available to give you any updates regarding the patient.

As well as doctors and nurses, other professionals may be involved in your care. This includes:

- Physiotherapists
- Occupational Therapists
- Speech and Language Therapists
- Dieticians
- Social Workers

If you have any questions, the nursing staff are available at any time to discuss this with you. If you would like to see a doctor, please ask the nurse in charge for help in this matter.

What you will need during your hospital stay

Clothes:

- Night wear
- Suitable slippers(non-slip)
- Dressing gown
- Comfortable Day clothes
- Underwear
- Shoes (avoid backless shoes)

Toiletries:

- Hairbrush/comb
- Soap
- Facecloth
- Toothbrush
- Toothpaste/denture cleaner
- Towels
- Tissues
- Shaving equipment
- Deodorant

Mealtimes

The ward has open visiting. However, we operate a protected meal time policy. This is to ensure that our patients have an uninterrupted time when they can eat their food in peace and that nursing staff are on hand to help if required. Visitors are asked not to visit during these times unless they are there to help patients to eat. Mealtimes are at:

- Breakfast – 8:00am – 9:00am
- Lunch – 12:30pm – 1:30pm
- Evening meal – 5:30pm - 6:30pm

Drinks are provided throughout the day as well as with meals

The ward lights are switched off at approximately 11:00pm, but night lights and bedside lights are available.

Visitors

We operate an 'Open Visiting Policy' so please visit at your own leisure. Please be aware that team members will be about and you may be asked to step outside when they are with the patient. We ask that visiting is avoided during the mealtimes (as above) except in special circumstances by prior arrangement with the nurse in charge.

We ask that you have **only three visitors** at a time as large groups can disturb other patients. **Any additional visitors will be asked to wait off the ward.** Visitors are also kindly asked **not** to sit on patient's bed and armchairs and to use the visitors chairs provided. Visitor's chairs are provided on the ward. Please can these be returned following visiting.

Your relatives can phone your ward anytime for an update on your progress. It's a good idea to nominate one family member to be the main point of contact. **Our ward contact number is 0161 778 2514.**

Spiritual Care Team

Chaplains are available from different denominations and faiths and are supported by a team of volunteers. You can see a chaplain at any time and the nursing team can arrange this for you. There is a Christian chapel is available to all who wish to pray or be quiet. There is also a prayer room with a women's area (which is regularly used for Muslim prayers) and a Shabbos room. These facilities are all open 24 hours a day, 7 days a week.

General Information

There is a mobile shop which visits the ward early each morning where you are able to buy newspapers and sundry items.

Patients must accept responsibility for any valuables kept in their possession, but any items of value may be deposited in the hospital safe, or as a temporary measure, in the ward safe.

Leaving the hospital

We'll begin to talk to you about leaving the hospital (being discharged) as soon as possible after your admission so that we can help prepare you.

Once we've agreed your discharge date with you, you'll need to talk to your family, friends or carers to make arrangements for your return home. If you feel you may require extra help with things such as washing and dressing or shopping when you go home, tell your nursing staff as soon you can.

On the day, once your doctor has told you that you are able to go home, there are a number of things that need to happen, and it may take some time for all of these to be completed.

To ensure we have beds available for other patients who may need them, we will aim for you to be discharged before lunchtime.

Please make sure you take all your belongings with you, as well as any patient information leaflets, medicines and dressings you may need. You should also be given details of who to contact if you have any queries, along with a copy of your discharge summary which will include a list of medicines you need to take at home.

You should arrange for a friend or family member to collect you from the hospital. If your medical condition means that you need to be transported by ambulance your nurse will arrange it for you.

Once you are ready to go home, you may be transferred to the discharge lounge. This is a place where you wait to be collected by your carers, relatives or by an ambulance.

Please contact the Elective Orthopaedic Ward via telephone on (0161) 778 2514 if you have any signs of infection, require any advice or support.

If you have been referred to the district nurse please contact your District nurse team _____ via telephone on _____

Tell us what you think about your stay

Feedback is of high importance to us and we value the opportunity to hear your thoughts regarding your stay!

To help us improve our service we encourage patients and carers to complete a 'Friends & Family Test' survey when you leave our ward. The comments our patients give get reviewed on a monthly basis and are a really valuable way of getting feedback on how we are doing and what we could improve on.

Compliments, concerns and complaints

A positive patient experience is very important to all the staff. We always welcome and encourage feedback whether it is good or bad.

If you have any concerns or complaints regarding your stay on Ward 9, please feel free ask to speak to your nurse or ward manager.

If you feel unable to communicate your complaint with ward staff, the trust has the Patient advice and liaison services (PALS) which is a confidential service that provides help, advice and information for patients, families and carers. You can contact PALS by ringing 0161 604 5897.

Contact Information

Elective Orthopaedic Ward

Fairfield General Hospital

Rochdale Old Road

Bury, BL9 7TD

Telephone Number: 0161 778 2514

Hospital Helpline - Fairfield General Hospital

Telephone Number: 07970199235

PALS

Telephone Number: 0161 778 2509

Email: pals@pat.nhs.uk

Address: PALS Department, Ground Floor, IM&T Building, North Manchester General Hospital, Delaunays Road, Crumpsall, M8 5RB

Notes:

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

☎ : 0161 627 8770

@ : interpretation@pat.nhs.uk

To improve our care environment for Patients, Visitors and Staff, **Northern Care Alliance NHS Group** is Smoke Free including buildings, grounds & car parks.

For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897

For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).



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