

Attending the Glaucoma Maintenance Clinic

An information guide



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You have been asked to attend the Glaucoma Maintenance Clinic (GMC) as your glaucoma/ocular hypertension has been assessed by one of the eye doctors (Ophthalmologists) and your condition is considered stable.

Your attendance at the glaucoma maintenance clinic involves 3 visits to the ophthalmologist or Nurse Practitioner, once every 6 months.

On an annual basis a Humphrey field test will be performed and on the alternate an Optical Coherence Tomography (OCT) photo will be performed and on approximately the 2nd anniversary of your first attendance to the glaucoma maintenance clinic you will be seen by one of the eye doctors in the main eye clinic to assess that your eye condition is still stable, or your notes and all results will be reviewed in a virtual clinic to check your condition remains stable.

During your attendance at the glaucoma maintenance clinic if you or the ophthalmologist or Nurse Practitioner has any further concerns about your eye health, then you will be returned back into the main eye clinic or your notes may be reviewed by a doctor in a virtual clinic after which they will write to tell you where you will go to next, if stable back to GMC and clinic with the doctor if they decide they wish to examine you.

Eye clinic appointments – 0161 621 3813.

Notes

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

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For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897


For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

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