

# Local Anaesthetic and Sedation Ophthalmic Pre-operative Advice

An information guide



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## Operations under local anaesthetic

- You will be given a local anaesthetic, similar to what you have at the dentist for a filling or extraction
- Eat and drink as normal. **Do not fast**
- Please take your usual medication as normal on the day of your surgery and bring a list of your current medication with you
- If you are on anticoagulants you will already have been given specific instructions
- If you use inhalers or take medication for angina, please bring them with you when you attend.

## Operations under conscious sedation

You have been offered treatment under sedation in order to help you relax.

You will have the sedation agent administered through an injection in the back of your hand or arm. This is called intravenous sedation.

Once you feel drowsy and sufficiently relaxed, your eye will be numbed and we will start the procedure. During the procedure you may feel peaceful and largely unaware of what is going on. In fact, many patients do not remember all or part of their treatment.

At the end of the session you will be allowed to recover until you are fit enough to be discharged home with your escort.

Before you go home you will be observed in the department **for a minimum** of one hour and you will be given something to eat and drink.

Any illness occurring before the appointment should be reported immediately as this may affect your treatment.

It is essential you observe the following instructions, **otherwise your operation may be cancelled.**

- Do **not** drink alcohol **24 hours** prior to your appointment.
- Do **not** eat solid foods for **six hours** prior to your appointment. You may drink water up to two hours prior to your appointment.
- Do **not** wear nail varnish. If you wear acrylic nails: one should be removed before you attend.
- You **must** be accompanied by a responsible adult who can escort you home afterwards and arrange for you to be looked after for **24 hours**.
- Your escort should take you home after treatment by private car or taxi and **not** by public transport.
- Please take your usual medication as normal with a small amount of water on the day of surgery and bring a list of your current medication with you. You must **omit** diabetic medication but please bring it with you.
- You must **not** drive any vehicle, operate machinery or use any domestic appliances for **24 hours** after sedation.
- You must **not** drink alcohol, return to work, make any important decisions or sign any legal documents for **24 hours** after sedation.

Please ask the nurse if there is anything you are unsure of.

## **Contact Details**

### **The Royal Oldham Hospital**

**A&E department – 0161 627 8923**

Friday 5pm until Monday 9am

**Oldham Integrated Care Centre Eye Clinic – 0161 621 3721**

Monday – Friday 9.30 am - 4.30pm

### **Rochdale Infirmary, Rochdale**

**Eye Clinic – 01706 901757**

Monday - Thursday between 9am and 5pm. Friday 9am and 12.30pm

**Eye Ward – 01706 901766**

Monday to Friday between 8am and 8pm

**Urgent Care Centre – 01706 517005**

After 8pm Monday to Friday. Friday 8pm to Monday 9am

### **Fairfield Hospital, Bury**

**Eye Outpatients Clinic - 0161 778 2804**

**Accident & Emergency – 0161 778 2600**

After 8pm Monday to Friday. Friday 8pm until Monday 8am

**Notes:**



**If English is not your first language and you need help, please contact the Interpretation and Translation Service**

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

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Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

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☎ : 0161 627 8770

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For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

**For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897**

**For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service**

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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