

# Foreign bodies in the eye

An information guide



# Foreign bodies in the eye

A piece of foreign material has been removed from your eye. Although most of these injuries heal up completely, there are several things you should bear in mind.

After treatment, your eye may be comfortable due to the anaesthetic drops that have been applied. The effects of these drops will wear off when you get home and your eye may become sensitive again. Please ensure that you use the prescribed eye treatment as instructed.

Your eye may be padded to promote comfort, please note that it is not advisable to drive with one eye padded as it is not safe and therefore your insurance may become invalid.

Normally, the eye injury should heal up and become comfortable in about 24 hours.

Generally, it is not necessary to see you again. However, if your eye seems to be getting increasingly red or the vision is more blurred after the initial 24-hour period, then you must contact us again. It is important to use the prescribed treatment as stated.

When necessary, protect your eyes with a form of goggles. This is essential when hammering, grinding or using garden equipment.

We are always available to answer any questions you may have.

## **Contact Telephone Numbers**

### **The Royal Oldham Hospital**

**A&E Department – 0161 627 8923**

Friday 5pm until Monday 9am

**Oldham Integrated Care Centre Eye Clinic – 0161 621 3721**

Monday – Friday 9.30am - 4.30pm

### **Rochdale Infirmary**

**Eye Clinic - 01706 901757**

Mon to Thurs 9am until 5pm. Fri 9am until 12.30pm

**Eye Ward - 01706 901765**

Mon to Fri 8am until 8pm (answer machine after 8pm)

**Urgent Care Centre - 01706 517005**

Mon to Fri after 8pm. Fri 8pm until Mon 9am

### **Fairfield General Hospital, Bury**

**Eye Ward & Clinic - as per Rochdale Infirmary contact details**

**A&E Department - 0161 778 2600**

Mon to Fri after 8pm. Fri 8pm until Mon 8am

**If English is not your first language and you need help, please contact the Interpretation and Translation Service**

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

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Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

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For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

**For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897**

**For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service**

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The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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