

# Corneal Abrasion

An information guide



# Corneal Abrasion

You have been treated for what is known as 'corneal abrasion' (scratch-like effect). Although most of these injuries heal up completely, there are several things you should be aware of.

After your treatment, your eye may be comfortable due to the anaesthetic drops given to you. The effects of these drops will wear off when you get home and your eye may become more sensitive again. It is advisable to take some oral painkillers at this time, e.g. Paracetamol.

Please use the treatment prescribed for you. Your eye may be padded in order to promote healing. It is advisable not to drive with your eye padded as it is not safe and your insurance may be invalid.

Normally the eye should heal up and become comfortable again between 24 to 48 hours.

You may be given a follow-up appointment, where the doctor can ensure healing is taking place. A large abrasion can take several days to heal.

Please ensure you continue your treatment for the length of time stated. When necessary, protect your eyes. This is essential when using tools and gardening equipment.

We are always available to answer any questions you may have.

## Contact Numbers

**The Royal Oldham Hospital, Oldham**

**A&E Department - 0161 627 8933**

**Friday 5pm until Monday 9am**

**Oldham Integrated Care Centre Eye Clinic -0161 621 3721**

Monday to Friday 9am - 4.30pm

**Rochdale Infirmary, Rochdale**

**Eye Clinic - 01706 901757**

Monday to Friday 9am until 5pm.

**Eye Ward - 01706 901765**

Monday to Friday 8am until 8pm (answer machine after 8pm)

**Urgent Care Centre - 01706 517005**

Monday to Friday after 8pm. Friday 8pm until Monday 9am

**Fairfield General, Bury**

**A&E Department - 0161 778 2600**

Monday to Friday after 8pm. Friday 8pm until Monday 8am

**Eye Ward and Clinic - same contact details as Rochdale Infirmary**

**Tameside Hospital Foundation Trust**

**A&E Department - 0161 922 6000**

Available 24 hours

**Eye secretary - 0161 331 6388**

**If English is not your first language and you need help, please contact the Interpretation and Translation Service**

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

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Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

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☎ : 0161 627 8770

@ : interpretation@pat.nhs.uk

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For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

**For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897**

**For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service**

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The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).



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