NHS
Northern Care Alliance
NHS Group

Squint Surgery for Adults

An information guide

Health & care information you can trust

The Information Standard Certified Member

Squint Surgery for Adults

This leaflet aims to answer any questions you may have in relation to the operation.

Why do I need surgery?

You have a muscle imbalance that has resulted in one of your eyes turning in, out, up or down. The consultant has now decided that you would benefit from an operation to correct the imbalance and you have been added to the waiting list for surgery.

When will I have the operation?

The waiting time for this surgery varies between consultants. An approximate waiting time should have been given to you when you were added to the waiting list.

Shortly before your admission you will be sent an appointment for pre-operative assessment and/or orthoptic assessment. This is an opportunity for you to ask any questions and for the nursing staff to collect details from you. This is to ensure you are in good health for the anaesthetic which will be discussed with you.

You will also be shown how to use eye drops/ointment in pre-op assessment/ward area prior to your surgery.

How long will I be in hospital?

All squint surgery is done as a day case. If your general health changes before the operation you must visit your GP. If your GP thinks that you are not fit for surgery or you have any queries, you must contact the eye unit immediately.

What does the operation involve?

Squint surgery is the repositioning of the eye muscles. This involves making a small incision in the tissue covering the eye, which allows the surgeon to access the underlying muscles.

It is important to note that unlike in children, your visual development is complete. Consequently the surgery will not improve your vision.

Possible risks from surgery

- Under/over correction - possible
- Infection - rare
- Bleeding - rare
- Further surgery may be required - possible.

After the operation

You should be fit enough to return to work 1 to 2 weeks after the surgery. Please ask for advice from the ward if you are concerned.

You should avoid situations where there is a risk of getting something in your eye, i.e. grit. Avoid getting the eye wet, bathe rather than shower and be careful when washing hair. Avoid swimming for 4 weeks after the operation.

You will be given drops/ointment to put in for two weeks after the operation to reduce the risk of infection and inflammation.

You will be sent an appointment to be seen in clinic by the doctor and the orthoptist. This will be approximately two weeks after your operation.

Please note:

This information is given in conjunction with verbal explanations from the nursing staff.

Contact Numbers

The Royal Oldham Hospital, Oldham

A&E Department - 0161 627 8933

Friday 5pm until Monday 9am

Oldham Integrated Care Centre Eye Clinic -0161 621 3721

Monday to Friday 9am until 4.30pm

Rochdale Infirmary, Rochdale

Eye Clinic - 01706 901757

Monday to Friday 9am until 5pm.

Eye Ward - 01706 901765

Monday to Friday 8am until 8pm (answer machine after 8pm)

Urgent Care Centre - 01706 517005

Monday to Friday after 8pm. Friday 8pm until Monday 9am

Fairfield General, Bury

A&E Department - 0161 778 2600

Monday to Friday after 8pm. Friday 8pm until Monday 8am

Eye Ward and Clinic - same contact details as Rochdale Infirmary

Tameside Hospital Foundation Trust

A&E Department - 0161 922 6000

Available 24 hours

Eye secretary - 0161 331 6388

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

: 0161 627 8770

: interpretation@pat.nhs.uk

To improve our care environment for Patients, Visitors and Staff, **Northern Care Alliance NHS Group** is Smoke Free including buildings, grounds & car parks.
For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897

For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

www.facebook.com/NorthernCareAllianceNHSGroup

www.linkedin.com/company/northern-care-alliance-nhs-group

Northern Care Alliance NHS Group (NCA) @NCAlliance_NHS

Date of publication: February 2006
Date of review: March 2021
Date of next review: May 2023
Ref: PI(SU)210
© The Northern Care Alliance NHS Group

www.pat.nhs.uk
www.northerncarealliance.nhs.uk