

Uveitis/Iritis

An information guide



Uveitis/Iritis

You have been diagnosed with either uveitis or iritis. This is where the coloured part of the eye (the iris) and other parts at the front of the eye are inflamed. This condition usually affects one eye. As the iris is so close to the lens, when inflamed, it can stick to the lens and cause further problems.

What causes uveitis/iritis?

This has been known to be triggered by a number of conditions, including arthritis. Often the cause is never found. However, as a precaution, x-rays may be taken together with routine blood tests. Try not to be alarmed by these procedures.

Signs & symptoms

The inflammation makes the eye appear red and angry looking. It causes the patient to suffer pain and photophobia (not being able to stand bright light). There may be watering of the eye, blurred and reduced vision and headaches.

Treatment

1. The aim of the treatment is to dilate the pupil which will make your vision more blurred. This will reduce the inflammation and prevent the iris sticking to the lens and help with the pain.
2. You will be prescribed anti-inflammatory drops and/or ointment to help reduce the inflammation. These should not be stopped unless the doctor tells you to. They will probably be reduced very gradually.

It should also be noted that, in some very rare cases, there may be an allergic reaction to some of the prescribed drops, such as increased redness, swelling of the lids, itching and irritation.

Uveitis/Iritis can reoccur periodically. If you feel the onset, or your symptoms have worsened, please contact us immediately.

Contact Numbers

The Royal Oldham Hospital, Oldham

A&E Department - 0161 627 8923

Friday 5pm until Monday 9am

Oldham Integrated Care Centre Eye Clinic -0161 621 3721

Monday – Friday 9am - 4.30pm

Rochdale Infirmary, Rochdale

Eye Clinic - 01706 901757

Monday - Thursday 9am until 5pm. Friday 9am until 12.30pm

Eye Ward - 01706 901766

Monday - Friday 8am until 8pm

Urgent Care Centre - 01706 517005

Monday - Friday after 8pm. Friday 8pm until Monday 9am

Fairfield General, Bury

Eye Outpatients Clinic - 0161 778 2804

A&E Department - 0161 778 2600

Monday - Friday after 8pm. Friday 8pm until Monday 8am

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

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☎ : 0161 627 8770

@ : interpretation@pat.nhs.uk

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For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897

For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).



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