

The Hand Therapy Clinic

An information guide



Welcome to the Hand Therapy Clinic

Hand Therapy brings together techniques of Occupational Therapy and Physiotherapy to provide assessment and treatments for a variety of hand conditions. Having therapy on a regular basis after your hand injury or surgery can speed up and maximise your recovery.

Hand Therapy is the non-surgical management of hand disorders and injuries using physical methods such as exercise and splinting.

The team provide assessments and treatments for acute conditions such as fractures, tendon repairs, joint replacements and many other hand surgical procedures or injuries. Treatments include splinting, scar management and individualised home exercise programmes.

The aim of hand therapy is to enhance patient's recovery and assist with returning to an optimal level of function. Hand Therapy has a crucial role in the recovery from injury of the hand or wrist and in the recovery from hand surgical operations.

To help us give patients the best possible care, please follow our attendance procedure.

Please arrive promptly for appointments

Appointments run in 1 hour or 30 minute slots. Arriving on time will make sure you get the maximum possible benefit from your therapy.

If you are 10 minutes late or more for your appointment, please expect it to be cancelled and re-booked. We need to start the next patient's appointment on time, so that their treatment is not affected.

Cancelling your appointments

If you cannot keep your appointment, or you need to change the time or date, please let us know as soon as possible or at least 24 hours before your appointment.

This allows us to rearrange your appointment and give your original appointment to someone else. This reduces the overall waiting time for patients.

Non-attendance without informing us

If you fail to attend an appointment without informing us we will send you a letter to inform you of an impending discharge from the service if you do not contact us to arrange another appointment.

If you miss your rearranged appointment or do not respond to our letter we will discharge you from the service. You would then need to be referred again by your consultant.

Comments, Compliments and Complaints

If you have any compliments, comments or complaints, please speak to a member of staff. For further information you may contact the Patient Advice and Liaison Service (PALS) who offer a confidential advice and support service. You can telephone **PALS 0161 604 5897**

Useful contacts:

The Hand Therapy Clinic, 1st Floor, J Block, The Royal Oldham Hospital, Rochdale Road, Oldham, OL1 2JH

Telephone: 0161 627 8978

Opening times

Monday - 8.00am – 4.30pm

Tuesday, Wednesday & Thursday - 8.00am – 4.00pm

Friday – Closed

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

☎ : 0161 627 8770

@ : interpretation@pat.nhs.uk

To improve our care environment for Patients, Visitors and Staff, **Northern Care Alliance NHS Group** is Smoke Free including buildings, grounds & car parks.

For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897


For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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