



Northern Care Alliance
NHS Group

Oldham Community Neuro Rehab Team including Parkinson's Nurse

An information guide



Oldham Community Neuro Rehab Team including Parkinson's Nurse

Introduction

The Community Neuro Rehab Team (CNRT) is a multidisciplinary team comprising of physiotherapists, occupational therapists, neuro rehab nurse and therapy assistants who specialise in neurological conditions.



Roles within the team

Physiotherapy

Assess and identify any physical impairments, then implement an appropriate programme of physical therapy in order to improve function.

Neuro rehab nurse

To provide support and advice regarding the management of your condition. Can liaise with other members of the team as required.

Occupational Therapy

Assess and support the relearning of daily living skills. Assessment of your environment and can organise equipment for your home if required. Assess and provide cognitive rehabilitation.

Therapy assistants

Support the therapists to deliver your rehabilitation programme.

Parkinson's nurse

The Parkinson's Disease Nurse Specialist (PDNS) works as part of the team providing support for people with Parkinson's disease and related conditions.

Team admin

First point of contact when you call the team and will pass your messages onto the relevant team members. Working behind the scenes to support your rehab.

What to expect from the therapy team

The team provides interventions for adults with whose primary condition is neurological, other than stroke, who are registered with an Oldham GP.

The team works closely with other health, social and vocational services including: the neuro rehabilitation consultants, speech therapy, psychology, orthotics and dietetics teams. The service is generally delivered at the patient's home but some patients are also seen in clinic.

Patients will be assessed to identify their rehabilitation need and an individual treatment plan agreed with the aim of helping you to achieve the maximum potential possible, following a diagnosis of a neurological condition.

Therapists work together with patients and their family/support network to set realistic goals and provide treatment sessions to suit individual needs.

Therapy input is time limited based upon your progress and goals will be regularly reviewed.

Once specialist neuro-rehabilitation is no longer required, we can support patients to self-manage and access other services if appropriate.

Self-management means empowering you to take control of your condition either independently or with the support of carers. Once discharged, patients can be referred back if there is a significant change or if new goals are identified.



What to expect from the Parkinson's nurse

The Parkinson's service has an open referral system and receives referrals from patients, carers or health care professionals.

The Parkinson's nurse provides on-going assessment, advice on symptom control, medicine management, education, liaison and onward referral for patients and their family/carers.

The nurse works closely with the specialist consultant physicians and neurologists at the Royal Oldham Hospital and care is delivered to meet patients' needs and preferences in clinic or in their own home.

Contact Information

Address:

The Link Centre
140 Union Street
Oldham
OL1 1DZ

Telephone:

0161 770 2300

(Option 2 for Neuro team)

(Option 3 for Parkinson's nurse)

Email:

srh-tr.oldham-CNRT@nhs.net

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

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Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

☎ : 0161 627 8770

@ : interpretation@pat.nhs.uk

To improve our care environment for Patients, Visitors and Staff, **Northern Care Alliance NHS Group** is Smoke Free including buildings, grounds & car parks.

For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897


For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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