

Important information about formula milk for your baby

An information guide



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For some time now, our maternity wards and birth centres have not provided formula milk for new babies. From 1st July 2015 a new safer method was introduced.

Getting ready for birth

- If you choose to formula feed, you will need to bring your own **pre-prepared milk**. Please note there will be no facilities for preparing formula milk, sterilising equipment or storing milk.
- The only type of milk you can use on the maternity unit or birth centre is **pre-prepared milk** that comes ready made in a bottle with a teat provided. These are often referred to as 'starter packs'.
- This type of milk is available for each of the main milk brands and is available in supermarkets such as ASDA, Tesco and Sainsbury's.

If you are unsure, please ask your midwife.

After birth

- We suggest that you bring enough milk to cover your hospital stay. Please note that the bottles are 'single use' only.
- New babies don't often drink a full bottle and take small frequent feeds in the first few days, so make sure you have enough
- The formula milk you bring will be your responsibility; we suggest you keep it in your bag or locker to prevent theft.
- Please ensure you follow the product guidance regarding how long the milk should be left open before discarding it – this may vary between brands.
- Please allow your baby to feed whenever they show feeding cues and let them take as much as they want - this will vary. If you have any questions, please speak to your midwife.

The Pennine Acute Trust is UNICEF Baby Friendly Accredited and actively supports mothers to breastfeed as it is beneficial to both Mums and babies. However, we support you in whatever feeding method you choose.

For more information – ask your midwife or health visitor

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

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Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

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إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

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For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897


For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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