

# Your Hepatic Pancreato Biliary (HPB) Multidisciplinary Team (MDT) explained

An information guide



# **Your Hepatic Pancreato Biliary (HPB) Multidisciplinary Team (MDT) explained**

## **Record of your consultation**

Your key worker is: Debbie Clark

Their telephone number is: 0161 778 5872.

The meeting is every Wednesday 8.00 am - 3.00 pm.

## **Your healthcare team**

Diagnosing and treating cancer requires a team of experts; this team is called a multidisciplinary team (MDT). The team is made up of experts. These are people who can understand what cancer cells look like and how they behave, and also people who carry out tests, decide which type of cancer it is, and which drugs are most effective in treating it.

There are many people in the MDT. All of them play a part in supporting you and your family throughout your care pathway. Some of the team that you may come into contact will include the following:

## **The HPB surgeon**

He/she is the person primarily responsible for your care. They will carry out the operation to remove the cancer.

## **The HPB nurse specialist**

A nurse who is an expert in caring for and supporting people with HPB problems. Nurse specialists provide specific knowledge, information and advice regarding your proposed plan of treatment. They will be available throughout your whole care pathway to help you understand anything you might need to know.

## **The radiologist**

A doctor who is an expert in looking at x-rays and special scans - from which a diagnosis is made. Radiologists are able to perform procedures such as biopsies, drainage of fluids and inserting catheters/stents to dilate, or allow drainage of, narrow ducts or vessels.

## **The pathologist**

A doctor who is an expert in looking at cancer cells under a microscope and working out how they might behave.

## **The oncologist**

This is a doctor who is an expert in deciding which drugs or other treatment will be best for treating your type of cancer. They specialise in drug treatments (including chemotherapy) or in radiation treatment.

## **The hepatologist**

A doctor who is an expert in diseases to the liver.

## **The gastroenterologist**

A doctor who specialises in the digestion system i.e; stomach, intestines, pancreas, bile ducts and liver. Some gastroenterologists

also receive training in advanced procedures using the endoscope (camera) to examine the bile duct, take biopsies or other minimally invasive alternatives to surgery for some patients.

### **Macmillan palliative care nurses**

Nurses who can help patients and their families manage the physical symptoms of cancer and offer emotional support where necessary.

### **Dietitian**

An expert in dietetics, that is food, nutrition and regulation of diet.

### **You come first**

To make sure you are the one who benefits, everyone in the MDT meets on a regular basis. We hold a meeting to talk about your cancer and work out what will be the best for you, as treatment is tailor made for you.

We want to ensure that you are confident about your treatment plan, so talk to us and let us know what is important to you.

We will always tell you everything we know about your cancer and explain the treatment we think is best for you.

### **Any questions?**

Your specialist nurse/key worker is there to help you if you are worried about anything, or don't understand something you have heard. Your key worker is your first point of contact if you need to contact any member of the MDT.

**Additional information**

At some point during your treatment, you may need to visit the Cancer Treatment Centre, know as the Christie Hospital. If this is the case everything will be explained to you. Some cancer treatments can be administered locally at one of the sites within the Trust.

Once a decision has been made on how best to treat you the most suitable place for you to receive your treatment will be discussed with you.

**Permanent record**

**Your diagnosis**

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**Your treatment options**

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**Please use this space to make a note of any questions:**

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Once you are discharged from hospital your follow-up will be:  
Clinic appointment

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Hospital

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Further tests/investigations

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**If English is not your first language and you need help, please contact the Interpretation and Translation Service**

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

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For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

**For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897**


**For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service**

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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