

Welcome to Ward F1 - Gynaecology Ward

An information guide



Welcome to Ward F1 - Gynaecology Ward

Welcome to the Gynaecology ward at The Royal Oldham Hospital. This leaflet aims to provide you, your family, friends and carers with information during your stay on the ward and what to expect at time of discharge.

Lead Nurse: Sally Dever

Ward Manager: Jenny Warburton

Ward Telephone Number: 0161 627 8858

About the Ward

Ward F1 has 23 inpatient beds and 5 day case beds.

Our team of nurses, doctors and support workers care for women with a range of Gynaecology conditions including both pregnancy and non – pregnancy related.

The ward is supported by a team of Consultants, Speciality doctors, Junior doctors, Clinical Nurse Specialists, Sisters, Staff Nurses, Support Workers, and Clerical staff.

Translation and Interpretation Service

Translation and Interpretation Service provides services for over 80 languages. They also provide 'The British Sign Language' for patients with sensory difficulties, braille or large text documents for the visually impaired.

Ward Rounds

A doctors ward round is carried out each day by the Consultant on call and supporting medical team.

To ensure you are kept fully informed about your care and planned date of discharge, we advise you to ask the following questions:

- What is the matter with me? What are you considering?
- What is going to happen today? Is anything planned for tomorrow?
- What needs to happen to get me home?
- When am I going home? Is everything going to plan?

Meal Times

We operate a meal time policy to ensure that where possible patients have an uninterrupted time to eat. If you are assisting your relatives to eat you are welcome on the ward during protected meal times.

Breakfast 8:00am - 9:00am

Lunch 12:00pm - 1:00pm

Tea 5:00pm - 6:00pm

Fresh water is provided throughout the day.

If you are assisting your relatives to eat you are welcome on the ward during protected meal times.

Visiting Times

8:00am - 8:00pm Daily

We understand that your family and friends may wish to visit during your stay however we ask that unless they are there to assist with meals they do not visit during the protected meal times.

We ask that there is a maximum of 2 visitors per bed, as large groups can disturb other patients.

Children are welcome but any child under 16 years must be accompanied by an adult.

In order to prevent spread of infection, we advise visitors to use the alcohol hand gel when they arrive and leave, and to use chairs provided to sit at bedside.

Any planned visitor who has been unwell with symptoms of cough, cold, diarrhoea and/or vomiting should not come to the hospital until symptom free. In the case of diarrhoea and vomiting they need to be free of symptoms for 72 hours.

Smoking

We aim to provide a smoke free environment and operate a no smoking Policy in buildings and grounds. All no smoking signs carry contact details for the local free NHS stop smoking services. As part of our nursing assessment patients are asked if they smoke. Support and advice is available to patients who would like help to quit smoking.

Zero Tolerance Policy

We are committed to the well-being and safety of our patients and staff. Please treat other patients and staff with courtesy and respect. Verbal or physical abuse will not be tolerated.

End PJ Paralysis

During your stay it is important to remain mobile and be as independent as possible. Getting dressed each day can enable this. Please ask your friends or family to bring you suitable clothing and footwear to wear to facilitate this.

Discharge

As soon as possible after your admission we will plan your discharge. Once the doctor has told you that you are fit to go home, we aim for you to be discharged as early as possible.

You should arrange for a family member or friend to collect you. If your medical condition means you need to go home by ambulance the nursing staff will arrange this for you.

To ensure we have available beds for the next patients awaiting admission, once ready to go home, you may be transferred to the discharge lounge to wait to be collected.

Please make sure you take all your belongings with you as well as any take home medicine, discharge letter and specific information leaflets.

Tell us about your stay

We value your feedback, to help us improve our service please complete a Friends & Family card before you leave.

Complaints

The Trust has an open and honest approach in dealing with concerns. Please speak to the nursing staff who will help you resolve any issues. If your concerns cannot be dealt with on the ward our staff can provide you with information on how to contact the Patient Advice and Liaison Service (PALS) or how to make a formal complaint.

Notes:

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

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To improve our care environment for Patients, Visitors and Staff, **Northern Care Alliance NHS Group** is Smoke Free including buildings, grounds & car parks.

For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897

For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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