

# Endoscopic Ultra Sound (EUS) - Post Procedure

An information guide



# Endoscopic Ultra Sound (EUS) - Post Procedure

*Due to sedation it is vital that you follow these guidelines for 24 hours post procedure:-*

- Do not drive
- Do not attend work
- Do not operate any machinery
- Do not drink any alcohol
- Do not sign any legally binding documents
- Do not care for any dependants
- You must have a responsible adult with you for 24 hours

*Following your EUS you may experience some mild post procedure complications:-*

- Sore throat (this can last for 48 hours)
- Mild abdominal discomfort
- Nausea
- Vomiting

These symptoms may be relieved by taking ginger or peppermint tea/juice. Using a hot water bottle, taking paracetamol and/or lozenges' (if required). Please take all medication directed on packs.

*More severe complications are:-*

- Persistent/increasing abdominal pain
- Respiratory difficulties
- Failure to pass wind
- Temperature above 38 Degrees
- Vomiting blood
- Severe chest/neck pain

- Difficulty swallowing

*These symptoms are rare, therefore will need URGENT medical attention.*

**You have to remain NBM (no fluids or food) until the time given by the discharging nurse. This is due to the local anaesthetic given prior procedure.**

**NBM until\_\_\_\_\_**

**If you have not received a follow up appointment 2-4 weeks after your procedure, it is important that you contact Dr. Abbasi's secretary on 0161 778 2639**

### **Contact Details**

**Endoscopy Unit - North Manchester General Hospital**

Telephone: 0161 720 2835 (Monday – Friday 08:00 – 18:00)

**Accident and Emergency – North Manchester General Hospital**

Telephone 0161 720 2433 or 0161 720 2674 (24 Hours)

**NHS Direct – 111 (24 Hours)**

**If English is not your first language and you need help, please contact the Interpretation and Translation Service**

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

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Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

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**For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897**

**For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service**

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