

Gastroscopy without Sedation - Post procedure

An information guide



Gastroscopy without Sedation - Post procedure

For some patients sedation is not advised, or in fact this is by choice. Therefore, if your procedure is uneventful, you can leave the department shortly after your procedure and go about your daily routine as normal.

Following your gastroscopy you may experience some mild post procedure complications:-

- Sore throat (this can last for 48 hours)
- Mild abdominal discomfort
- Nausea
- Vomiting

These symptoms may be relieved by taking ginger or peppermint tea/juice. Using a hot water bottle, taking paracetamol and/or lozenges' (if required). Please take all medication directed on packs.

More severe complications are:-

- Persistent/increasing abdominal pain
- Respiratory difficulties
- Failure to pass wind
- Temperature above 38 Degrees
- Vomiting blood
- Severe chest/neck pain
- Difficulty swallowing

These symptoms are rare, therefore will need URGENT medical attention.

You have to remain NBM (no fluids or food) until the time given by the discharging nurse. This is due to the local anaesthetic given prior procedure.

NBM until _____

If biopsies have been taken (this will be stated in your report), then you should contact your own G.P. or Consultants secretary 2 to 3 weeks post procedure. No histology results go to the Endoscopy Unit. Any other issues please use the contact details below.

Contact Details

Endoscopy Unit - North Manchester General Hospital
Telephone: 0161 720 2835 (Monday – Friday 08:00 – 18:00)

Endoscopy Unit – The Royal Oldham Hospital
Telephone: 0161 627 8513 (Monday – Friday 08:00 – 18:00)

Endoscopy Unit – Rochdale Infirmary
Telephone: 01706 517547 (Monday – Friday 08:00 – 18:00)

Endoscopy Unit – Fairfield General Hospital
Telephone: 0161 778 2554 (Monday – Friday 08:00 – 18:00)

Accident and Emergency – North Manchester General Hospital
Telephone 0161 720 2433 or 0161 720 2674 (24 Hours)

NHS Direct – 111 (24 Hours)

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

☎ : 0161 627 8770

@ : interpretation@pat.nhs.uk

To improve our care environment for Patients, Visitors and Staff, **Northern Care Alliance NHS Group** is Smoke Free including buildings, grounds & car parks.

For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897


For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

 www.facebook.com/NorthernCareAllianceNHSGroup

 www.linkedin.com/company/northern-care-alliance-nhs-group

 Northern Care Alliance NHS Group (NCA) @NCAlliance_NHS

Date of publication: April 2018

Date of review: February 2020

Date of next review: February 2022

Ref: PI(SU)1076

© The Northern Care Alliance NHS Group

www.pat.nhs.uk

www.northerncarealliance.nhs.uk

