

# Gastroscopy with Sedation - Post Procedure

An information guide



# Gastroscopy with Sedation - Post Procedure

*Due to sedation it is vital that you follow these guidelines for 24 hours post procedure:-*

- Do not drive
- Do not attend work
- Do not operate any machinery
- Do not drink any alcohol
- Do not sign any legally binding documents
- Do not care for any dependants
- You must have a responsible adult with you for 24 hours

*Following your gastroscopy you may experience some mild post procedure complications:-*

- Sore throat (this can last for 48 hours)
- Mild abdominal discomfort
- Nausea
- Vomiting

These symptoms may be relieved by taking ginger or peppermint tea/juice. Using a hot water bottle, taking paracetamol and/or lozenges' (if required). Please take all medication directed on packs.

*More severe complications are:-*

- Persistent/increasing abdominal pain
- Respiratory difficulties
- Failure to pass wind
- Temperature above 38 Degrees
- Vomiting blood
- Severe chest/neck pain

- Difficulty swallowing

**These symptoms are rare, therefore will need URGENT medical attention.**

**You have to remain NBM (no fluids or food) until the time given by the discharging nurse. This is due to the local anaesthetic given prior procedure.**

**NBM until \_\_\_\_\_**

If biopsies have been taken (this will be stated in your report), then you should contact your own G.P. or Consultants secretary 2 to 3 weeks post procedure. No histology results go to the Endoscopy Unit. Any other issues please use the contact details below.

### **Contact Details**

**Endoscopy Unit - North Manchester General Hospital**

Telephone: 0161 720 2835 (Monday – Friday 08:00 – 18:00)

**Endoscopy Unit – The Royal Oldham Hospital**

Telephone: 0161 627 8513 (Monday – Friday 08:00 – 18:00)

**Endoscopy Unit – Rochdale Infirmary**

Telephone: 01706 517547 (Monday – Friday 08:00 – 18:00)

**Endoscopy Unit – Fairfield General Hospital**

Telephone: 0161 778 2554 (Monday – Friday 08:00 – 18:00)

**Accident and Emergency – North Manchester General Hospital**

Telephone 0161 720 2433 or 0161 720 2674 (24 Hours)

**NHS Direct – 111 (24 Hours)**

**If English is not your first language and you need help, please contact the Interpretation and Translation Service**

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

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Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

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For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

**For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897**


**For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service**

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The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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