

Colonoscopy/ Sigmoidoscopy without Sedation - post procedure

An information guide



Colonoscopy/Sigmoidoscopy without Sedation - post procedure

For some patients sedation is not advised, or in fact this is by choice. Therefore, if your procedure is uneventful, you can leave the department shortly after your procedure and go about your daily routine as normal.

You may experience some of the following mild complications post procedure:-

- Nausea
- Vomiting
- Abdominal discomfort

These symptoms may be relieved by taking ginger or peppermint tea/juice. A hot water bottle may help abdominal discomfort. Moving around, as this encourages wind to pass naturally. Drink plenty of fluids and avoid skipping meals. These symptoms may last for up to 8 hours, it is vital to seek medical advice if these symptoms persist or worsens.

More severe complications are:-

- Persistent/increasing abdominal pain
- Failure to pass wind
- Temperature above 38 Degrees
- Vomiting blood

These symptoms are rare, therefore will need URGENT medical attention.

Following a Colonoscopy it is usually 2 or 3 days before your normal bowel movements commence, this is due to the bowel preparation prior procedure.

If biopsies have been taken (this will be stated on your report), then you should contact your own G.P. or Consultants secretary 2 to 3 weeks post procedure. No histology results go to the Endoscopy Unit. Any other issues please use the contact details below.

Contact Details

Endoscopy Unit - North Manchester General Hospital

Telephone: 0161 720 2835 (Monday – Friday 08:00 – 18:00)

Endoscopy Unit – The Royal Oldham Hospital

Telephone: 0161 627 8513 (Monday – Friday 08:00 – 18:00)

Endoscopy Unit – Rochdale Infirmary

Telephone: 01706 517547 (Monday – Friday 08:00 – 18:00)

Endoscopy Unit – Fairfield General Hospital

Telephone: 0161 778 2554 (Monday – Friday 08:00 – 18:00)

Accident and Emergency – North Manchester General Hospital

Telephone 0161 720 2433 or 0161 720 2674 (24 Hours)

NHS Direct – 111 (24 Hours)

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

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☎ : 0161 627 8770

@ : interpretation@pat.nhs.uk

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For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897


For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

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