

# Colonoscopy/ Sigmoidoscopy with Entonox (gas & air) - Post Procedure

An information guide



# **Colonoscopy/Sigmoidoscopy with Entonox (gas & air) - Post Procedure**

If you have chosen to have Entonox to assist with your procedure you do not need 24 hour care. Usually by the time you are discharged from the Endoscopy Unit the full effects of Entonox have worn off and you are able to go about your daily routine as normal.

*You may experience some of the following mild complications post procedure:-*

- Nausea
- Vomiting
- Abdominal discomfort

These symptoms may be relieved by taking ginger or peppermint tea/juice. A hot water bottle may help abdominal discomfort. Moving around, as this encourages wind to pass naturally. Drink plenty of fluids and avoid skipping meals. These symptoms may last for up to 8 hours, it is vital to seek medical advice if these symptoms persist or worsens.

*More severe complications are:-*

- Persistent/increasing abdominal pain
- Failure to pass wind
- Temperature above 38 Degrees
- Vomiting blood

These symptoms are rare, therefore will need URGENT medical attention.

**Following a Colonoscopy it is usually 2 or 3 days before your normal bowel movements commence, this is due to the bowel preparation prior procedure.**

If biopsies have been taken (this will be stated in your report), then you should contact your own G.P. or Consultants secretary 2 to 3 weeks post procedure. No histology results go to the Endoscopy Unit. Any other issues please use the contact details below.

**Contact Details**

**Endoscopy Unit - North Manchester General Hospital**

Telephone: 0161 720 2835 (Monday - Friday 08:00 - 18:00)

**Endoscopy Unit- The Royal Oldham Hospital**

Telephone: 0161 627 8513 (Monday - Friday 08:00 - 18:00)

**Endoscopy Unit - Rochdale Infirmary**

Telephone: 01706 517547 (Monday - Friday 08:00 - 18:00)

**Endoscopy Unit - Fairfield General Hospital**

Telephone: 0161 778 2554 (Monday - Friday 08:00 - 18:00)

**Accident and Emergency - North Manchester General Hospital**

Telephone: 0161 720 2433 or 0161 720 2674 (24 Hours)

**NHS Direct – 111 (24 Hours)**

**If English is not your first language and you need help, please contact the Interpretation and Translation Service**

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

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For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

**For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897**

**For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service**

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The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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