

Adult Sedative Medicines

An information guide



Adult Sedative Medicines

This leaflet contains discharge advice following your attendance to the Accident & Emergency Department (A&E).

During your time in A&E you were prescribed and given sedative medication.

These drugs may cause:

- Drowsiness.
- Unsteadiness and loss of balance.
- Poor co-ordination.

Some of these effects may last for up to 24 hours. We advise that a family member or friend stay with you for 24 hours.

Because of these after effects of the sedation you should:

- Be accompanied home.
- Be escorted upstairs.
- Take care when using the toilet or bathroom.

Until the effect of the sedation has worn off completely YOU MUST NOT:

- Be left alone.
- Drive or go cycling.
- Go out walking alone.
- Use machinery.
- Drink alcohol.

What you can do after sedation:

- Eat a light meal.
- Drink plenty of fluids.
- Take painkillers such as paracetamol if needed.
- Take your regular medicine unless otherwise advised.
- Get plenty of rest.

If you have any concerns, please contact/attend the Accident & Emergency Department.

**The Royal Oldham Hospital,
Accident & Emergency Department,
Telephone: 0161 627 8926**

If English is not your first language and you need help, please contact the Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

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For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897


For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

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The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

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