

# Keeping You Safe - COVID-19

An information guide



# Keeping You Safe - COVID-19

## Introduction

During the Coronavirus outbreak, The Northern Care Alliance (NCA) has had to introduce additional Infection Prevention and Control measures across all of our Hospitals.

This is to protect our patients, those important to them, our staff, and our community from the spread of coronavirus by coming into contact with people who may not have symptoms of it.

We know this is an extremely stressful time and we will do all we can to support you, but it is **very important** that you read this information carefully.

It details everything **you must do** to keep yourself and others safe while you are in our care.

## Remain on the ward at all times

This is to **avoid** the spread of COVID-19 within the hospital community. Unless there are exceptional circumstances we respectfully ask that you **do not** leave the ward.

## Wear a face mask

Please ensure that you wear a face mask **at all times** including when you are at your bedside.

## Wash your hands

Wash your hands **frequently**, including before and after meals. Hand sanitiser is provided at your bedside and on the ward.

## **Do not share your belongings with other patients**

This includes newspapers, books and magazines. This is to reduce the risk of contamination.

## **Social Distancing**

Observe social distancing **at all times** and remain **2 metres apart** from other patients and visitors.

## **Movement within the ward**

**Stay** by your bedside unless you need to use the bathroom.

## **Hospital Linen**

Place dirty hospital linen in the **red bag** provided and **tie** the bag to seal it. Extra bags are available from ward staff on request.

## **Patient Property**

Your property **must be** stored in the sealable **clear bags** provided to you. All property **must be** stored away in your allocated locker.

## **Support frequent cleaning**

Please help and support the frequent cleaning on the wards by keeping your locker tops and bedside tables clear at all times.

If you need additional information regarding our Infection Prevention and Control rules, please speak to the staff who are managing your care.

**Thank you for your co-operation.**

**If English is not your first language and you need help, please contact the Interpretation and Translation Service**

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو مدد کی ضرورت ہے تو ، براہ کرم ترجمانی اور ترجمہ خدمت سے رابطہ کریں

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যদি আপনার প্রথম ভাষা না হয় এবং আপনার সাহায্যের প্রয়োজন হয় তবে অনুগ্রহ করে দোভাষী এবং অনুবাদ পরিষেবাটিতে যোগাযোগ করুন

إذا لم تكن الإنجليزية هي لغتك الأولى وتحتاج إلى مساعدة ، فيرجى الاتصال بخدمة الترجمة الشفوية والتحريرية

☎ : 0161 627 8770

@ : interpretation@pat.nhs.uk

To improve our care environment for Patients, Visitors and Staff, **Northern Care Alliance NHS Group** is Smoke Free including buildings, grounds & car parks.

For advice on stopping smoking contact the Specialist Stop Smoking Service on 01706 517 522

**For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897**


**For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service**

The Northern Care Alliance NHS Group (NCA) is one of the largest NHS organisations in the country, employing 17,000 staff and providing a range of hospital and community healthcare services to around 1 million people across Salford, Oldham, Bury, Rochdale and surrounding areas. Our Care Organisations are responsible for providing our services, delivering safe, high quality and reliable care to the local communities they serve.

The NCA brings together Salford Royal NHS Foundation Trust and the hospitals and community services of The Royal Oldham Hospital, Fairfield General Hospital in Bury, and Rochdale Infirmary (currently part of The Pennine Acute Hospitals NHS Trust).

 [www.facebook.com/NorthernCareAllianceNHSGroup](https://www.facebook.com/NorthernCareAllianceNHSGroup)

 [www.linkedin.com/company/northern-care-alliance-nhs-group](https://www.linkedin.com/company/northern-care-alliance-nhs-group)

 Northern Care Alliance NHS Group (NCA) @NCAlliance\_NHS

**Date of publication: November 2020**

**Date of review: November 2020**

**Date of next review: November 2022**

**Ref: PI(C)914**

© The Northern Care Alliance NHS Group

[www.pat.nhs.uk](http://www.pat.nhs.uk)

[www.northernalliance.nhs.uk](http://www.northernalliance.nhs.uk)

