Community Physiotherapy
An information guide
Community Physiotherapy

Who are we?

We are a physiotherapy service that provides treatment for adults with a North Manchester GP. The team provides physiotherapy in their own home for patients who, for a variety of reasons, would not be able to access hospital services. We offer treatment for a variety of conditions and work with patients to achieve their goals. The team consists of physiotherapists and therapy assistants with specialist knowledge and expertise in community rehabilitation.

How to access the service?

If you feel that you would benefit from an assessment by the community physiotherapy service then you can ask your GP or other healthcare professional to make a referral to our service. After receiving the referral someone from our team will contact you by telephone to discuss your problems in more detail. You will then be offered an appointment for the physiotherapist to assess you at home.

What will happen during the first visit?

The physiotherapist will visit you at home. As part of your assessment the physiotherapist will:

- record personal details including your relevant medical history and any medication that you take
- discuss details about the problems you are experiencing
- complete an assessment of the difficulties you are experiencing.

Please note that this may include an examination of the area that is causing you a problem and you will therefore need to be dressed appropriately.
• discuss goals with you and make a treatment plan.

The physiotherapist is happy for you to have a relative or carer present at this assessment.

Follow up visits

Depending on the problems identified, follow up treatment sessions may be carried out by the physiotherapist or a therapy assistant. Patients will usually be given a treatment programme that they are encouraged to complete themselves in between visits. This programme should help to speed up your recovery.

Discharge

Patients are discharged from the service when they have achieved their goals or when the physiotherapist recognises that physiotherapy is no longer helping. Please be aware that if patients fail to attend appointments, or do not comply with treatment, they may be discharged and will require a new referral to access the service again.

Contact details:

Community Physiotherapy
Plant Hill Clinic
Plant Hill Road
Blackley
M9 8LX

Tel no: 0161 720 5982 (answerphone available)
Fax no: 0161 720 7416

Opening hours:

Monday-Friday 8:30am-4:30pm
If English is not your first language and you need help, please contact the Ethnic Health Team on 0161 627 8770

Jeżeli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy proszę skontaktować się z załogą Ethnic Health pod numerem telefonu 0161 627 8770

For general enquiries please contact the Patient Advice and Liaison Service (PALS) on 0161 604 5897

For enquiries regarding clinic appointments, clinical care and treatment please contact 0161 624 0420 and the Switchboard Operator will put you through to the correct department / service

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